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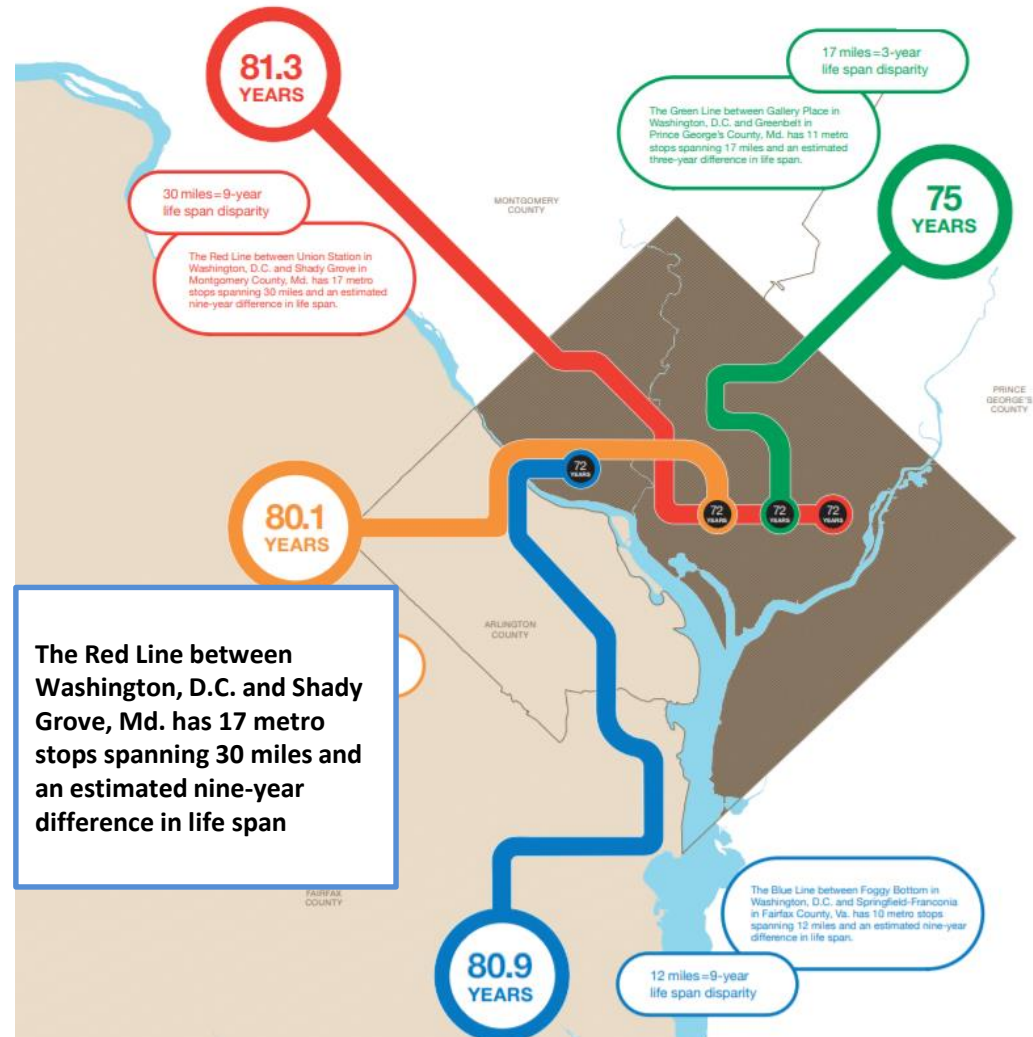
Healthy Cities Network: Championing Health, Equity, and Sustainability in Our Communities

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WHO European Healthy Cities Network



Inequity at a Glance

- Poverty and inequity are two of the greatest challenges of this century
- 689 million people world-wide live on less than \$2 per day
- Urban areas are already home to 55% of the world's population – it is anticipated that this will grow to 68% by 2050
- Stark differences in economic opportunities, discrimination and unequal opportunities in work explain poorer health outcomes of women and minority ethnic groups and significant health inequities between and within countries



Zooming in on the European Region

Mental Health

64% of young people 18-30yr olds report worsening of mental health between 2019-2022, women reporting higher anxiety and men higher suicide risk.



Urbanization

Two-thirds of the population lives in urban environments



Child Poverty

In high-income countries, **one child in five** lives in poverty



Air Pollution

1.4 million Europeans die prematurely each year due to polluted environments



Non communicable diseases (NCDs)

Physical inactivity is responsible for **1 million deaths every year.**

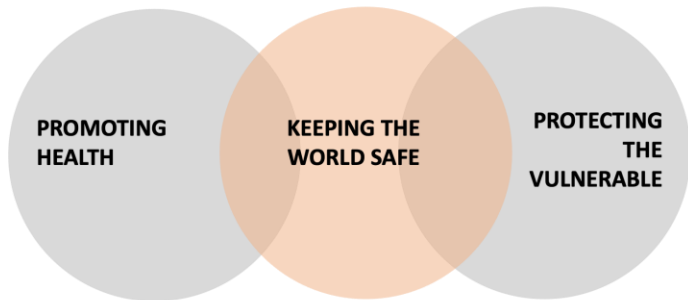


Road Traffic Injuries

92 492 people die every year from road traffic injuries in the Region

The Triple Billion Targets

OUR MISSION



OUR STRATEGIC PRIORITIES

BY 2023

- **1 billion more people benefitting from universal health coverage**
- **1 billion more people better protected from health emergencies**
- **1 billion more people enjoying better health and well-being.**



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EUROPEAN PROGRAMME OF WORK

United Action
for Better Health
in Europe

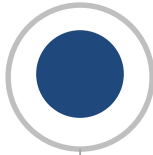
Building the future of health in Europe



Jana's Story

Social Determinants of Health Impacting Lives

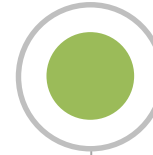
CHILDHOOD



Access to clean water

Jana attends hospital due to a diarrhea for drinking polluted water in her community

ADULTHOOD



Safety

Employment



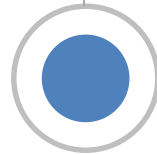
She visits an outreach mental health services with chronic stress due to the increased rates of crime in her community and her being unemployed

Access to Healthy Food



Jana attends a physician and diagnosed with a vitamin deficiency due to not consuming enough fruit and vegetables

ADOLESCENTS



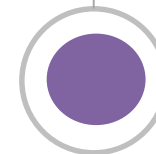
Violence

Jana attends sexual health clinic after being abused by a man who came into her home with no security lock

Housing



SENIORS



Jana visits a physician because of her asthma worsening due to the increased air pollution. With the stigma of her sexual assault, she is not given adequate care



Stigma



Air Pollution



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The Beginning of the Healthy Cities Movement

1986

Ottawa Charter of Health Promotion



1988

First HCN Meeting
Liverpool, UK



2023

35th Anniversary
of HCN



1986

Healthy Cities Original
Artwork



2018

Copenhagen Consensus
of Mayors



Core themes for Phase VII

1. Investing in the **people** who make up our cities;
2. Designing urban **places** that improve health and well-being;
3. Fostering greater **participation** and partnerships for health and well-being;
4. Improving community **prosperity** and access to common goods and services;
5. Promoting **peace** and security through inclusive societies; and
6. Protecting the **planet** from degradation, including through sustainable consumption and production.



WHO European Healthy Cities Network

‘As people are born, live and age in cities, **the urban environment provides a setting to adopt a life-long approach, disrupt transmission of generational inequities and take early action to address future health challenges**’



- The Healthy Cities Network established **35 years ago** with a view to translate the Ottawa Charter into the streets of Europe

Three-pronged approach:

- **Political Commitment**
- **Technical Excellence and**
- **Community Participation**

- Phase VII (2019 – 2025) marks **35 years of knowledge, experience and innovation**



Healthy Cities Network: Strategic Vehicle to Implement The SDGs and EPW



OUR STRATEGIC PRIORITIES

BY 2023

HEALTH COVERAGE

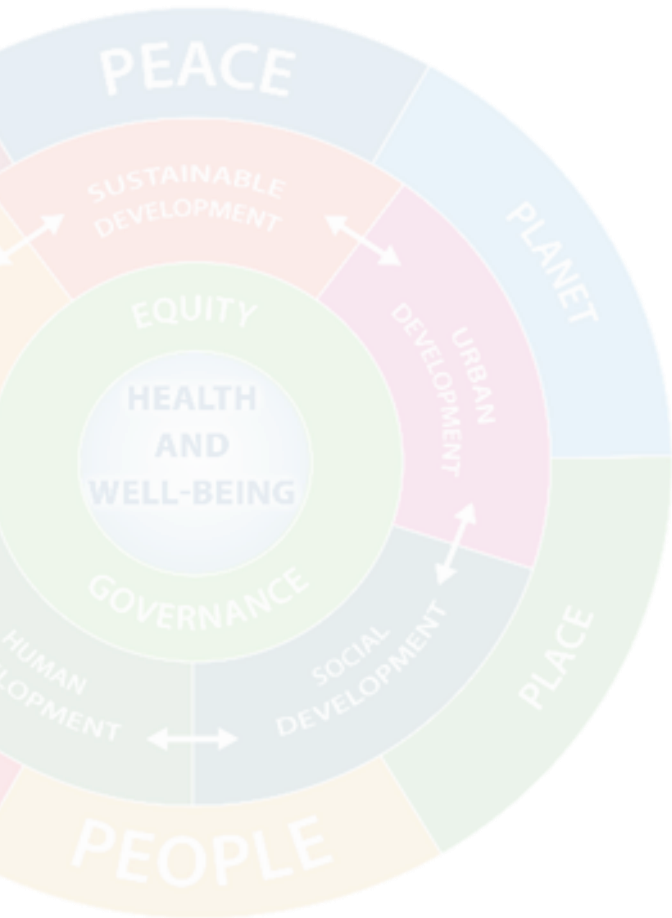
1 BILLION more people with health coverage, which provide access to health services when and where they are needed, without financial hardship

HEALTH SECURITY

1 BILLION more people better protected from health emergencies and outbreaks

HEALTHIER POPULATIONS

1 BILLION more people enjoying better health and well-being



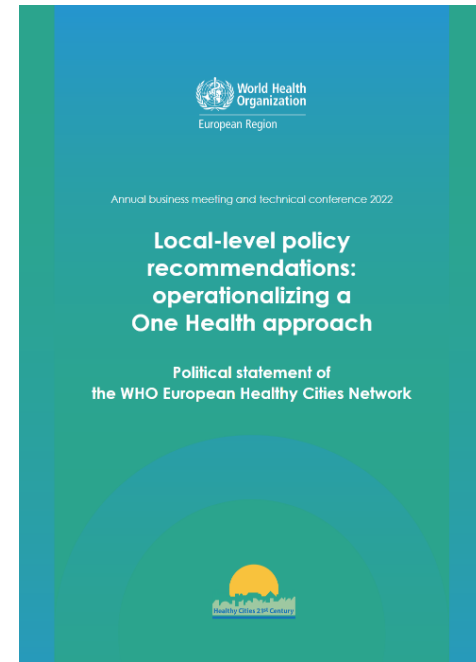
How is the Healthy Cities Network implementing at the local level?

Political Commitment

Political Statement of the WHO European Healthy Cities Network Local-level Policy Recommendations: Operationalizing a One Health Approach

Adopted on 24 November 2022 at the Annual Business Meeting and Technical Conference in Copenhagen, Denmark

Outlines 10 concrete Policy Recommendations in the domains of **Prevention, Preparation, Promotion and Transformation**





The European Regional High-level Forum

Showed how countries are shifting investment, spend and resources to promote healthy, fairer and prosperous societies:

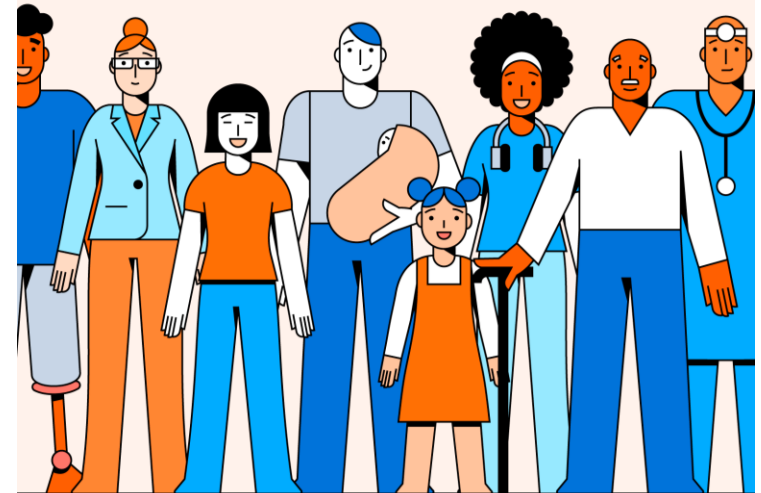
Took forward the work of the Pan-European Commission on Health and Sustainable Development Commission, including integrating health considerations within economic and business frameworks; and

Supports the European Programme of Work regional plan of implementation 2023-2025.

WHO EUROPEAN REGIONAL HIGH-LEVEL FORUM ON

Health in the Well-being Economy

Copenhagen
1-2 March 2023

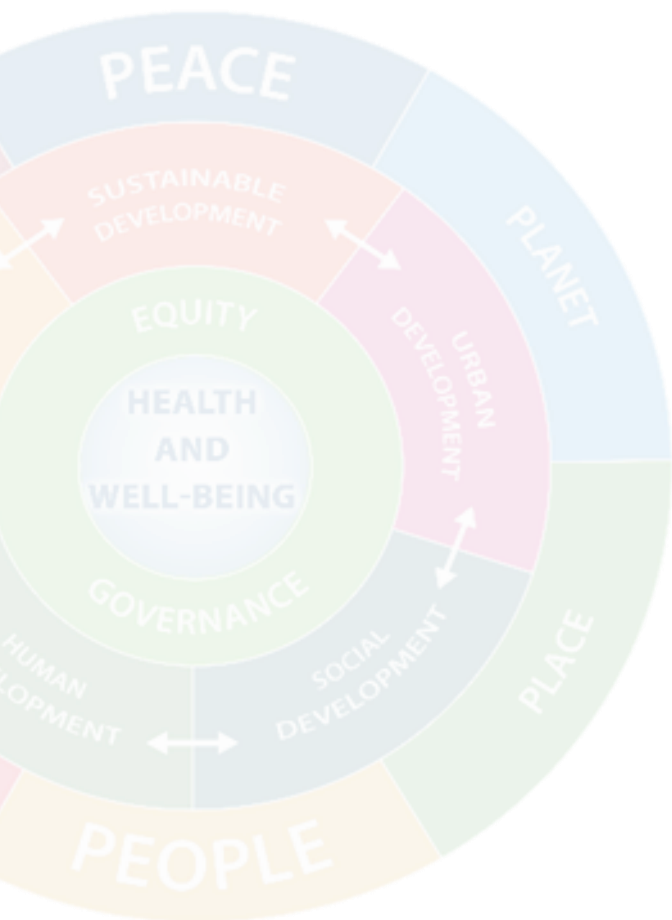




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Localizing Healthy Cities: Strategies in Action



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Cities as change makers



- “We live in a century of unprecedented urban growth... By 2050 two out of every three people will live in urban areas”, Secretary-General António Guterres (2017)
- Difference high-income and low and middle-income countries
- With the right approach, cities can address inequality, climate change, pollution and equity.



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7th Ministerial Conference on Environment and Health

Hosted by Budapest, Hungary

Joint statement from Healthy Cities Network and Regions for Health Network was presented at the Ministerial Conference

We, the cities and national networks of the WHO European Healthy Cities Network, together with the regions of the WHO Regions for Health Network, support the Budapest Declaration, the outcome of the Seventh Ministerial Conference on Environment and Health, Budapest, Hungary, and the “Environment and health roadmap for healthier people, a thriving planet and a sustainable future 2023-2030”



Statement of the WHO European Healthy Cities Network and WHO Regions for Health Network presented at the Seventh Ministerial Conference on Environment and Health Budapest, Hungary, 5–7 July 2023

At a time that our citizens of regions and cities are concerned about the lack of peace, safety and security, the “triple crisis” brought by the intertwining of climate change, environmental pollution and biodiversity loss provides an even further burden to our citizens and their children. At the Sixth Ministerial Conference (Czech Republic, 13–15 June 2017) we presented a joint statement to the Ostrava Declaration, which called for accelerated transitions towards resilient, healthy, equitable and sustainable societies. We believe these objectives are even more pressing today.

We are fully committed to ensuring the highest attainable level of health and well-being for all people in the European Region. We emphasize that health is a fundamental human right and a human necessity, and that only collaborative, coordinated action at the global, national, regional and local levels will allow us to achieve health, well-being, and sustainable and equitable development for all. We stress the importance of a healthy environment for improved health and well-being of people and communities. We stress the importance of planetary health, for survival on earth. We further highlight the interdependency of action across sectors, settings and levels of governance.

We, the cities and national networks of the WHO European Healthy Cities Network, together with the regions of the WHO Regions for Health Network, support the Budapest Declaration, the outcome of the Seventh Ministerial Conference on Environment and Health, Budapest, Hungary, and the “Environment and health roadmap for healthier people, a thriving planet and a sustainable future 2023-2030”.

We recognize the vital importance of concerted action by the sectors for health and environment, at the local and regional levels, as well as other sectors and partners, to meet the ambitious common goals of equity, health, and well-being for all.

We recognize the scope for important synergies between the objectives of the WHO European Healthy Cities Network and the WHO Regions for Health Network, the Seventh Ministerial Conference on Environment and Health, the United Nations 2030 Agenda for Sustainable Development and the European Program of Work. We emphasize the strength of the mandate held by cities and regions to take action, and that we cannot afford to fail in the pursuit of our goals in order to improve the health and well-being of people and their communities.

By doing so, we will ensure efforts at the local and regional level, to:

- Prioritizing action to tackle the most pressing health challenges related to climate change, environmental pollution and biodiversity loss
- Supporting the delivery of essential services and a safe built environment for healthy and resilient communities; and
- Strengthening governance, intersectoral collaboration, human resources and knowledge for health and environment.



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Community Participation

“Healthy Cities acknowledges that communities have the right to participate in decision-making processes and to articulate their own concerns and priorities and recognizes that the community participation process can inherently promote health”



Spotlight: Age-friendly Cities



As Part of the Healthy Cities Network a *Healthy Ageing Task Force* is in place :

- **Copenhagen:** Ørestad development contains flexible social spaces where people can mix and feel connected. Inviting the public *in* is central to this scheme
- **Udine:** During the pandemic the longstanding programme No to loneliness expanded to give further support to older people living alone
- **Nottingham:** Established the Take a Seat scheme, identifying shops where older and disabled people are welcome to rest with a “We are age-friendly” sticker
- **Salford:** ‘Ready to Go’ has a focus on key issues raised by older people and provides space for experts and older people to come together to explore these issues further

Sharing Best Practices

- **Czech National Network visiting the Norwegian National Network**
Date: 18 to 20 April 2023



- **Japan Study Tour**
November 6-8, 2023



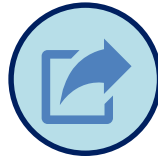


Summing it all up



TODAY: 2023 What we have delivered

- **Healthy Cities Network** established **30 years ago** with a view to translate the Ottawa Charter into the streets of Europe
- WHO European Healthy Cities Network has brought together **88 flagship cities, 20 national networks and more than 1200 cities and municipalities** as members
- **Copenhagen Consensus of Mayors for a Healthier and Happier Future for All** adopted in 2018
- **Developing local level technical priorities** through 6 working groups/task forces
- **Launched Phase VII** of the WHO European Healthy Cities Network – a vehicle to implement the SDG, GPW13 and EPW
- Phase VII **Scientific and Political Committees** are enacted and helping shape the strategic vision



TOMORROW: 2023-2025 What we plan to deliver

- **Narrative on Local Governance** in place reflecting new emerging vulnerable populations and 'new normal'
- **Equity efforts and initiatives scaled up** further supporting local governance through local Health-in-All-Policies mechanisms (**Twining and Peer Learning**)
- The Healthy Cities Networks' **success stories and innovations successfully showcased** to the world through regional hub
- Increasing buy-in and **building capacity** by tailoring responses in line with cities' realities
- The **Geneva Charter on Well-being** implemented with key participation from the Healthy Cities Network
- **Inter-regional mechanism** established to document lessons learnt from COVID-19



FUTURE: 2025 onwards Where we are heading

- New and expanded regional **narrative on Health Promotion, Well-being and Local Governance** in place and operationalized
- **Innovation Hub** in place and fully operationalized with oversight from the Healthy Cities Network
- **Sustained commitment, investment and action** on addressing the Equity gap using the Healthy Cities Network as a vehicle
- By **2025 well-being is integrated into the development of local social and economic policies** to improve health of those that are most vulnerable in at **least 20 cities**
- **Integrated surveillance systems in place** coordinated with regional and national systems to monitor and address potential threats to communities' health and well-being



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Ministerio de Sanidad